



Your Name: _____ Date: _____

Family History Information

I. Father's / Mother's Family of Origin

A. Please describe your childhood relationship with your parents?

1. How strong or weak was the bond between your parents and their children?

2. How was the bond that you had with your parents different from that of your siblings?

3. Did either of your parents prefer one child over another?

4. Describe the disciplinary approaches of your mother and father.

5. Was either of them overprotective?

6. Was either overindulgent? (Giving you too many liberties.)

7. Was either particularly restrictive?

8. Was either harsh or demanding?

9. Was either encouraging and did either give praise and affirmation?

10. Was either patient, kind, loving?

11. What influences did your father and mother have on your moral and spiritual development as a child and teenager?

B. Describe the marriage relationship between your parents.

1. What were the strengths of their marriage?

2. What were the weaknesses of their marriage?

3. Was there any separation, divorce, infidelity?

4. Was there any alcoholism, drug abuse?

5. Was there any physical abuse, psychological abuse? Explain.

6. Was there any sexual abuse? Explain.

7. Describe your father's spiritual life.

8. Describe your mother's spiritual life.

9. Did they attend church regularly?

10. Did either of them lead the family in prayer and/or devotional Bible reading?

11. Did either of them live the Christian life on a daily basis?

12. What were your father's attitudes toward women?

13. What was his attitude towards his wife?

14. What were your mother's attitudes toward men?

15. What was her attitude towards her husband?

C. How did your parents influence your identity and sense of well-being?

1. How did your parents treat the uniqueness and individual differences in each of their children?

2. How did your parents help you develop a sense of individual responsibility and freedom?

3. How did your parents help you develop your identity?

4. Which parent did you identify with most?

5. What qualities did you pick up from each parent?

6. Do you seek parental approval of your decisions or activities since you have been married?

7. Does either of your parents seem to intrude on your marriage?

8. Does either dominate or interfere with your affairs since you have been married?

D. How did your parents relate to their community?

1. What were your father's and mother's relationships to the community?

2. What was your family's reputation in the community?

3. What was your family's socioeconomic status?

4. What was your family's standard of living?

5. What was your family's educational level?

6. What was your family's value for education of children?

7. What was your family's income level?

I. Marriage History and Chronology

A. Previous marriages of husband and/or wife

1. Were either of you previously married or previously a parent?

2. What were the circumstances that ended that relationship?

3. What children were born of that union?

4. What are the child-support arrangements?

5. What are the visitation schedules?

6. What is the relationship of your former spouse with your present family?

B. Tell me about your current relationship before you were married?

1. How did you meet?

2. How long did you know each other before engagement?

3. How long were you engaged before marriage?

4. Did each of your parents approve of the marriage plans?

5. Did either of you have any doubts about getting married?

6. What were your prior dating and courting experiences?

7. Did each of you regard yourself as adequately prepared for marriage?

8. Did you have premartial sexual relations?

9. What did each of you expect of the other before marriage?

10. What were your expectations of marriage?

11. What was your spiritual condition before marriage?

C. Describe significant events in your marriage relationship in the past.

1. What crises have you faced together?

2. Have you experienced any physical or psychological abuse in this relationship?
Explain briefly.

3. What events have revealed strengths in your relationship over time?

4. What events have revealed weaknesses in your marital relationship?

5. In what ways have you worked well together as parents?

6. In what ways have you struggled in your parenting?
